Inter-regional
Sunday 30th April 2023
To be held at: Everyone Active Silksworth Sports Complex, Silksworth Lane, Sunderland. SR3 1PD

Acceptance

Rules and regulations available at http://gbski.com/rules
Online information at https://gbski.com/competition.php?ID=1240

Race Secretary	Event Welfare Officer	Chief of Race
Kay Stewart	Phil Hart	David Chapman
07716949901		
rtr.racesec@gmail.com	pjhart@hotmail.com	david.chapman.dec@gmail.com

If you have any concerns about a child or adult, don't keep them to yourself, inform the Event Welfare Officer or relevant Home Nation Safeguarding Lead without delay.

Snowsport England Safeguarding Lead
welfare@snowsportengland.org.uk

We hope all racers and spectators have an enjoyable day and would like to thank the management and staff of Everyone Active Silksworth Sports Complex and all volunteers for their assistance, without them there would not be a race.

Everyone Active Silksworth Sports Complex Rules
The management of Silksworth Sports Complex have the right to expect adherence to their rules. These include, but are not limited to a ban on on-site cooking – e.g., disposable barbecues. Parking is only available during the event and overnight parking before and/or after the race is not permitted.

Acceptance

The following teams have been accepted to the U14+ Competition.

NESA A

NESA B

NESA C

Wales

NWSF A

NWSF B

CESA A

CESA B

The following teams have been accepted to the U10/12 Competition

NESA

NWSF

CESA

Photography

We will operate an opt in system for photography permission. At bib collection team managers will be given a permission form to be signed by competitors / Guardians as appropriate and returned to the race Sec.

Officials

Please note these races can only run with sufficient race officials. If you can assist, please contact the Race Secretary or Chief of Race.

Officials Lunch will be provided & Parking set aside for Volunteers.

First Aid

First Aid cover will be available on the day by JMP Medical.

Open Practice

Open practice will be available on Friday 28th April. Course will be set from 6.00pm – 8.00pm. The costs are set by the slope operator, and the race organisers have no influence over the cost and do not gain financially from this. Any racer choosing to do this must bear in mind that the slope is open to the general public and extreme care will be needed. Site staff will remove anyone skiing in an inconsiderate manner. For more details concerning skiing on Friday please contact Silksworth Ski Slope Mon – Fri:- 12.30 -8.00 & Sat & Sun: 9.00 – 4.00pm on 0191 5285101

Provisional Programme

The expected programme is shown below.

Please listen for announcements during the day as the timetable is subject to change.

Start	Finish	
08:30	09.45	Open Practice (competitors will be allowed to ski the course)
08:45		Team Managers Meeting / Bib Issue
09:00	09:15	Officials Meeting
09:45	09:50	U10/12 Race Briefing in Start Area
09:55	11:20	U10/12 League Stages
11:30	11:35	U14+ Race Briefing in Start Area
11:35	13:20	U14+ League Stages
13:20	14:00	Lunch
14:00	14:45	U10/12 Knock out Stages
14:50	15:55	U14+ Knock out Stages
16:00		Prize Giving

Access

The ski centre will not be open until 8.30am. Access to the slope is for officials and racers only. Coaches may accompany their racers during course inspection only but must be on skis or blades. Race trainers/coaches who accompany their racers must carry the relevant accreditation issued by the Race Office.

Parking / Directions

Directions can be found on Google maps using the address below. Parking is available onsite.

Sunderland Ski Centre / Silksworth Sports Complex Silksworth Lane
Sunderland
SR3 1PD
Tel: 0191 5285101

MAP SHOWING SILKSWORTH SPORTS COMPLEX FROM A19

